



CLIENT INTAKE FORM

Name _____

Date _____

Email _____

Emergency contact _____ Phone _____

Phone _____

****Please answer the questions below.**

Personality Type (if you have done any personality-type work, share what type – i.e. Myers-Briggs, Enneagram, etc.):

What is your greatest longing for this season of your life?

What are your hopes for spiritual Direction?

****Mark which practices below bring you a sense purpose, meaning and/or connection**

☐

Nature

☐

Prayer

☐

Advocacy

☐

Learning

☐

Meditation

☐

Dancing

☐

Painting

☐

Time with Others

☐

Sacred Rhythms

☐

Writing

☐

Cooking

☐

Family Gathering

☐

Reading Poetry

☐

Athletic Activities

☐

Being Near Water

☐

Travel

☐

Singing

☐

Gardening

☐

Sharing a Meal

☐

Listening to Music

☐

Journaling

☐

Caring for Others

☐

Hiking

☐

Others, please specify

☐

Religious Practices

☐

Watching Sports

☐

Supervision Release Form: Tamara Ramirez, as my spiritual director, has my permission to occasionally use material from our direction sessions for her own professional supervision. I understand that my name will never be used, that the situation will be disguised, and that the supervision focus is on the director, not me, the directee (client).

Signature of Directee (Client): _____ Date: _____